

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

'PRE-SHOT ROUTINE, PUTTER'

Let us keep this simple in message and word count.

- 1) Look at the situation as soon as possible when **'Walking Up Onto Green'**, especially from low and below where the view is enhanced. ('Worm Cam')
- 2) Leave your Ball on the 'Dance Floor' while doing your 'Pre-Shot Routine'. You need to see it clearly! Remember it is a process of **'Connecting Two Dots'**! This is 'A To B Golf' at its simplest) Make adjustments late before last look 'DTL'.
- 3) Fix your 'Ball Mark' early! It will make you 'Feel Good'!
- 4) Look at the 'Total Green' and get a 'Big Picture Feel' for its flow!
- 5) **'Five Paces Back'** or farther from the hole than the Ball. Read **'Down The Line'** (DTL) to determine your 'LINE' and not any 'Slope'.
- 6) Still 'Five Paces Away', walk to the low side (if there is one) and make your way to the 'Apex Of The Triangle'. Now 'Read The Slope' **'Across The Line'** (ATL) Always developing a 'FEEL' for the surface and remember it!
- 7) **'Look Around The Cup'** and make sure it does not have blatant aspects or flaws that you should know about or correct. A 'Ball Mark' is a correctable flaw. Spike marks are not! (USGA – R&A Rules)
- 8) **'Five Paces Past The Hole'** look **'Up The Line'** (UTL) and read your 'Break' again to confirm the 'Mental Image'. Remember, from this view breaks will be backwards. Stay oriented and focused!
- 9) Walk slowly back to the 'Ball' offline! When your lead toe comes to the 'Hole Location', **'Count Your Paces'**. This count times three is your 'Footage'. It will factor in your 'One Inch Rule' and that key **'Brace Hand Travel Distance'** ('BHTD') which creates 'Roll Distance' and your 'Success'!
- 10) Now 'Pick Up Your Ball' and **'Adjust Your Ball Position'** if desired. Some people place the 'Longest Words' or their **'Ident Line'** precisely in line with the 'Ball Rolling Line' ('BRL') as a sight line. I like this but do not personally do it!
- 10) Again, read your 'DTL Break' from 'Five Paces Back'. **'Last Look'**! Relax and be 'Feel Oriented'. Produce a strong 'Mental Picture'. It's show time!
- 12) Go into your **'Dedicated Final Pre-Shot Routine'**. (BEST) 'Get Comfortable'.
- 13) Execute! It is a 'Heads Or Tails Procedure' so do not take a 'Peak'! 'Listen'!
It is a matter of **'TRUST and PROCESS'**. Get this right!

When you learn this "Core PSR" you can adapt it to 'Every Shot'. Use the above items that work for your 'Pre-Selected Procedure'. Don't get 'Complacent or Lazy'!

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24/7