

555 Golf Swing
The Simplest Swing in Golf

**5 WAYS TO SHORTEN
YOUR DISTANCE**



Authored by Dr. Karl Fischer

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Foreword

Have you ever been so frustrated with golf that you thought about quitting? Me too! That is, until I started taking lessons from Karl.

Let me start off telling you about my history with golf. Like many of you, I was introduced to golf by a friend of mine from work. At first I didn't understand their fascination with golf, that is until I got bitten by the "golf bug". I found that golf was a perfect way for me to relax and blow off some steam from work. It was a perfect way to escape for a while and put things into perspective.

As I started getting more serious about golf, I spent more money on golf clubs, equipment and lessons. And while I did play much better than when I started I would eventually always go back to playing miserably and "losing my swing" in the middle of a round. I would shoot in the 80's one day and then shoot in the 100's the next day. And no matter how many lessons or new clubs I bought, the outcome was always the same. Good golf for a few days followed by sheer "golf hell." This was a truly frustrating experience that I just chose to live with for 15 years.

Then I met Karl, and that is when my golf life changed forever. I told my new teacher about how bad my golf game was. He told me not to worry about it, and that he would fix everything. Needless to say, I didn't have much faith that anyone could help me. But to my surprise by the end of the lesson I was hitting the ball long and straight. I was hitting my 2 hybrid over 225 yards consistently. I was in shock.

Then he went to work on the rest of my game, driving, chipping, putting etc. I shot an 83 that weekend and went back to see Karl. He promised to have me shooting in the 70's consistently soon. I shot an 81 the next time I played, and have dipped into the 70's a few times (I never did that before in my entire life).

I am sure shooting in the 70's consistently is coming up soon. But more importantly, I am having fun again.

Karl, words can't truly express how grateful I am to you.

Foreword written by Carl Andreson
Student and Dear Friend

Preface

Your '555 Team' is passionate about your 'Success & Happiness'. I cannot tell you how many times a year we get students telling us emphatically about how we have changed their 'Golf Lives' ... some times in just one lesson. We can FIX or IMPROVE your situation permanently in very short order ... **'Satisfaction Guaranteed'**. Our **'Work Smart'** system is amazing!

We care about 'YOU' every day and that always shows!

I wrote every one of our 555 'Articles', 'Editorials', 'Golf Tips', 'Putting Tips', 'Short Game Tips', 'Course Management', 'Newsletters', these '555 Golf Books', including the extensive and rare **'GOLF ... Solving The Complexity Myth'** (a 6 book encyclopedia comprised of some 3500 Proven Professional Pages' with generous pictures and illustrations), because there are many things that need to be written about the humbling simplicity of this wondrous 'Game'.

If you can drive home a 16 penny framing nail with a 22 ounce framing hammer, you can golf! Now that is the truth full of hope and invitation! Most people have the raw human capabilities, but never develop the skills required to enjoy golf. This game demands that we develop the capability to repeat specific motions under fire! How are you doing in that department? When the pressure's on, can you rip one down the middle?

Yes! It's a 'Game'! We would be well-served remembering that genesis fact about our sometimes explainable anticipation loaded all too often with painful, manic obsession! It hurts me when you hurt! So, 'The 555 Team' does something about it every waking hour of every day!

What I write is always important to me. 'YOU', mostly absolute strangers, are precious cargo taken aboard on our 'Endless and Destination-less Golf Voyage' in the sports world's wide and wondrous seas, often savage oceans and quiet sheltered coves.

Have you ever prayed "Lord ... Why have I become so entangled in this silliness they call a sport?" This writer, passionate about 'GOLF' and 'YOU', has spent many a deep moment measuring and massaging questions and a liberal amount of epidemic doubt.

On occasion I have done battle with instructors and fellow teachers about the 'Science' and 'Physics' that underpin this 'Eye Hand Motion Coordinated' activity. I write to share my informed and solidly founded basics. I write to share more than 45 committed years of wonder, study, testing, refining, proving and delivering what 'The 555 Team' feels is the 'Truth'. When 'Golf' is properly explained, it can be much more 'FUN' and shall constantly beckon you back for more! It is full of hope and inspiration, if you allow that to shine through the dark moments.

At your first opportunity, please read **'The 555 Natural Progress Of The Golf Swing ... a new paradigm'**. That having settled in your curious gut, also read **'The Perfect Problem Solving Golf Swing'**. Your '555 Team' strives to 'Fix Things Fast ... 'Out There' ... 'On The Fly'. The 'System' works in the heat of battle. You shall see for yourself.

“You do not want to suffer the painful learning process that I went through attempting to teach myself how to strike golf balls! What folly that was!” Dr. Fischer writes. He tells us that he threw his new ‘Short Set’ into the far corner of our garage and quit ‘Golf’ at the ripe old age of 14! “Thought I had ‘IT’ figured out! How wrong I was! How wrong throngs of ‘YOU’ are as well. We cannot go this ‘Golf Journey’ alone ... ever!” By the way, while studying ‘Flight Engineering’ and ‘Pre-Med’, Karl’s ‘Putter’ drew him out of exile! He adds, “Needless to say I am grateful and reverent for that blessing!”

“I have had some very generous assistance along the way. My ‘Golf Wilderness Guides’, Alvie Thompson, Gordon Murray, Homer Kelley, Chuck Evans, Moe Norman and more, have been nothing short of phenomenal.”

You will discover that these ‘555 Golf Pages’ are unique! Why? The Golf Doctor answers: “Because they expose and solidify what ‘Mastering Golf Basics’ really means. When we ‘Focus On Fundamentals’ we learn baseline truth about the swing. This keeps us firmly footed and prepared to grow and to play well.”

You will be delighted that these writings have both emotional and entertainment purposes!

We do not advertise. **“Word Of Mouth Is King!”**

Please help us get discovered along your ‘Golf Journey’ as well ... “Tell-A-Friend!”

Subscribe to the FREE ‘555 Club House’. Even better, become a ‘Preferred Member’. Those who are a little ‘Out There In The Golf Realm’ should become part of ‘The Inner Circle’. It is where the ‘Players Hang Out’. You will enjoy the comraderie! By the way, you will have your very own “Certified Teaching Professional’ ‘ON RETAINER’ ... like ‘Live Support’ ... 24/7.

Many of my close associates think ‘The 555 Team’ has lost its mind! Perhaps! But we disagree! We are here for ‘YOU’.

www.555golf.com

Go ahead ... click on that link!

“DO IT NOW!”

My '555 Team' and I thank you generously for your relentless motivation!

Stay well and keep in touch as often as you might require!

We are here because we have been where you are!

You are no longer alone in a 'Golf Wilderness'!

Dr. Karl
'The 555 Team At Your Service'

“Welcome Aboard!”
“Enjoy The Ride!”

Introduction

5 WAYS TO SHORTEN YOUR DISTANCE **Simple 555 Adjustments**

We are passionate and emotional about ‘The Great Game Of Golf’ ... about ‘YOU’. If you want your ‘555 Team’s Attention’, it will not take much to accomplish that! Ask our loyal following!

“Walk A Mile In The Other Man’s Shoes!” The notorious Dr. Fischer once quit golf!

Before we get rolling with the actual book, let me explain the ‘Who, What, Where, Why, When & How’. Most everything has a background and a purpose. A good book should be no different!

Your ‘555 Team’ wrote this book for ‘You’. ‘**Who**’ does not want to hit the ‘Short Game’ tighter? If the ‘Big Stick’ crushes the ball, we need to manage the rest of our bag in a relative fashion. That is the very simplified ‘**Who**’ and the ‘**What?**’ of golf’.

This very well organized, logical ‘Short Game Method’ has been battle proven for decades, so you do not have to suffer that experimentation.

This book gives you a specific system for working towards improved performance. The ‘555 Team’ is also available to provide professional assistance. If you are an ‘Inner Circle Member’, you will have your very own ‘Certified Teaching Professional’ ‘ON RETAINER’. A couple consultations and you will have earned your membership fee back! The folks you play with will make your gains well known. “Join Now!” www.555golf.com Takes but a moment!

Can you ‘Master Golf Basics’ and maintain your focus in the heat of battle?

Can you grasp ‘The 5 Set-Ups’ and ‘The 5 Essential Elements’?

You may just hit the ball 20 yards farther and straighter after all!

Enjoy!

Your ‘555 Team’ believes in ‘YOU’!

Chapter One

5 WAYS TO SHORTEN YOUR DISTANCE

The 555 System Masterfully Controlling Your Short Game

This may be one of the shortest '555 Golf e-BOOKS' you have ever read. The price is right! The content is a golf blessing that will repay you as long as you play.

'The 555 Team' is always here to answer your question!

No querie is too small or unimportant.

**Think Of Your Full Swing Driver
Oops too far!
Through the fairway dogleg!
Not in the short stuff!**

... again

Good place to start this exercise!

Now turn back the clock and replay the scenario and make 'Work Smart' adjustments!

This is a special 'Mulligan' made just for YOU!

5 WAYS TO SHORTEN YOUR DISTANCE

A SHORT GAME DISCIPLINE – Energy & Course Management Options

1) **DECELERATE** ('A NO NO')

2) **SELECT** a More-Lofted Club and Stay in the 'Full Swing Mode'

(see, '2 Swings In My Bag') (see, '2 Basic Procedures')

3) **STANCE Adjustment** ('Narrower than Standard' – 'Restricts Coil')

(2-2, 4-4, 6-6 Narrower 'SET-UP Adjustment & Full Swing')

['Weight Distribution towards your Target Foot – Chipping Set Up']

4) **GRIP Adjustment** ('Shorter than Standard' – 'Shortens Swing Radius')

(1, 2, 3 or 4 Inches Shorter, 'SET-UP Adjustment & Full Swing')

5) **BODY CLOCKING** which is a 'Swing Length EXECUTION Adjustment'

('Thigh, Hip, Lower Rib Cage, Arm Pit, Full Swing' – 'Reduces Size Of Swing Circle')

Using 'Body Parts As Reference Locators' makes 'Clocking' an easy concept.

Putting & Chipping are more 'Brace Hand to Brace Thigh ... No Wrist Cock, No Pivot'

(see, '3 Swing Stages')

**Always Use Your
"1 & THROUGH" or 'Sweep & See It'
Trigger Words For Tempo
The 'Little "&" Word' is 555 Magic!
Just For 'YOU'**

You will notice that these last three options in your '5 Ways To Shorten Your Distance', ('Two Component and One Procedure') are distinct 'ENERGY Management Tasks'. They are simple and quite 'Mechanical' rather than being a huge 'FEEL' challenge, which takes hours to accomplish if you have the raw talent to do so.

I agree that 'FEEL' is absolutely integral to being a 'Tour Champion or a Solid Player', but you can and must mechanically manage your 'Short Games' regardless of your 'God-Given Physical Equity'.

Mastering your 'Short Game Basics' will make you a much better and happier golfer. You do not have to be overly athletic to 'Get A Grip On The Short Stuff'. What a simple, easily managed way to lower your scores!

I want to tell you that your performance will be noticed and appreciated around and on the greens, where it counts, more than off the tee box.

My friend Johnny Daly, who has great touch around the greens, tends to prove me 'Suspicious' but not 'Wrong' about the 'Big Stick'! It is not always your friend even if your reputation is one of being a 'Long Hitter'!

The bush and woods are full of long hitters!

There is clearly 'No One Way To Make A Golf Swing'. These '5 Ways To Shorten Your Distance' will be important in your strategy.

Enjoy!

**"Welcome Aboard!"
"Enjoy The Ride!"**

Conclusion

'The 555 Golf Swing' has helped countless golfers play the game as it were meant to be played. Golfers chronically struggle with controlling where the golf ball goes. The end result is painful, inefficient manipulation. They spend countless hours over many years trying to build a reliable golf swing. Doesn't bear much fruit! Many of these golfers give up the game out of sheer frustration.

I have seen 'The 555 Golf Swing' save golfers from "Golf Hell" and change them into happy golfers. The reason this golf swing works is because it is simple, repeatable, and produces consistent results. It gives golfers ball control and lets them hit the golf ball with confident authority! It is more 'FUN'!

Moreover, the '555 Golf Swing' can be learned very quickly and easily. I have spent just a little over one and a half hours with golfers and watched their golf game completely transform before my eyes. I have watched their entire attitude change and have even witnessed a healthy bit of confidence and cockiness develop. A little 'Cocky' is not all bad if you can back it up with 'Pre-Selected Ball Flight Performance'! Let your sticks do the talking!

I have seen golfers talking a lot of "smack" on the golf course and have the goods to back it up. I know that countless other golfers have had the same type of success through the '555 Golf Website' because they have told me so.

Now that you know our '5 Set-Ups' and '5 Essential Elements', what are you waiting for? Get out there and shoot the best score of your life!

God Bless and Good Golfing,

Dr. Karl