

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## 5 GOLF BLUNDERS

Are there only 5 and should we call them “Blunders”? Who really knows?

Here are 6 very sound topics for YOU to consider!

- 1) ‘Hands’ Over-Swinging ... out of control due to excessive swing length  
(see ‘Parallel To, Across The Line. Above or Below The Line’)
- 2) ‘Pivot’ compromised due to ‘Over or Under Rotation’. (see ‘Spin Out’ & Block’)
- 3) ‘Grip’ too loose or too tight and improperly designed for its owner.  
Hinges must be generally ‘Parallel’ so they do not bind up.
- 4) ‘Stance’ Too Wide or Narrow, Too Square, Open or Closed. Your ‘Brace Foot’  
must be Square-ish while your ‘Target Foot’ MUST BE AN OPEN GATE.
- 5) ‘Ball Location’ Too Close or Too Far From Your Foot Axis. Set-Up’ slightly  
on the toe! Think about the reality of ‘Soft Tissue Stretch Under Centripetal  
Load’. You may need to “AskUs!” so do that easy task right now!
- 6) ‘Arms Hanging From Shoulders’ is often seen as improper. This teacher tends  
to disagree. We need moderate ‘Extension’ at ‘Set-Up’ and then a solid ‘Brace  
Lever Extensor Action’ (‘BLEA’) through the ‘Bottom Of Swing Arc’ (‘BOSA’)  
and through the ‘Impact & Separation Zone’ (see ‘Impact Fix’)

Your ‘555 Team’ absolutely promotes the concept of ‘Impact Fix’. Why not ‘Set-Up’ as we intend to ‘Create Impact or Compression’? In this manner, our ‘Back & Up Swing’ is functionally a ‘Dress Rehearsal’ for our ‘Down & Out Swing’. Logic trumps getting lucky!

So are they ‘Blunders’ or not?

You can decide!

**“Welcome Aboard!”  
“Enjoy The Ride!”**

**SATISFACTION GUARANTEED**

E-Mail: [AskUs@555golf.com](mailto:AskUs@555golf.com)

WebSite: [555golf.com](http://555golf.com)

Telephone: (817) 673-8888

24/7