

# 555 GOLF ACADEMY

## 'PERFORMANCE EXCELLENCE'

### THE 5 CONTROLS

The **'555 GOLF SYSTEM'** is 'Bullet-Proof'! This is what the **'555 TEAM'** knows! More importantly, our 'Students Confirm It' both in their reports and their playing skills!

The **'555 GOLF SYSTEM'** is comprised of **'5 SET-UPS'** ('Static or Passive'), **'5 EXECUTIONS'** ('Dynamic or Active') and **'5 CONTROLS'** which are the distillation of the previous '10 Basics'. The 'Power Of Simplicity'!

If you want to advance and improve in this **'Physical Mechanical Skill'** we have come to know as 'GOLF', you can do it either the easy or the hard way! It just depends on how much pain and suffering you can withstand! The 'Golf Swing' is not about guesswork. It is a 'Science' that very much involves **'The Physics Of Rotation'** and **'The Geometry Of The Circle'**. Don't let this 'Technical Sounding Stuff' scare you off! It is relatively simple! It is your key to 'Golf Success' and more 'Pleasure'. It is about a really great 'Life-Long Leisure Skill' that will last a lifetime. It is about 'Destinations' along your 'Life Journey'. Your '555 TEAM' is your 'Trusty Seasoned Savvy Guide' and can show you the way. Come along for the ride!

These **'5 CONTROLS'** are about the **'Summary Of The 10 Basics'**. You already know that the '5 EXECUTIONS' are about the 'Motion or Active/Dynamic Aspect Of The Golf Swing' whereas the '5 SET-UPS' are about the 'Preparation Passive/Static Aspect Of The Golf Swing'. It is about 'Doing The Job'! It is about putting the 'Pre-Selected Components Into Motion' so as to accomplish the 'Pre-Selected Procedures' necessary to 'Launch and Deliver The Object Ball' 'Dead Aim To The Target'. Simple as that!

These **'5 CONTROLS'** are the 'Distillation Of The 10 Basics' into five little 'Four Letter Words' (almost) so as to prevent you using the other well know 'Four Letter Words'!

When you are 'Under The Gun' or **'In The Heat Of Battle'** which certainly includes all the 'Pre and Post-Shot Routine', you need to **'Stay Cool' And Under Control'**! If you just rely on these 'Five Loyal Servant Guards' you will not only survive but flourish! Your 'Golf Associates' will be impressed and call you more often to be a part of their foursome! You will enjoy 'Life' just that much more!

Remember, the marvelous Ben Hogan is reported to have said, **"When I Am Under Pressure, My Swing Performs Best!"** How good is that?

**CHIN:** This key term and 'Little Word' really takes care of all the 'POSTURE Elements' and makes it possible for '7 Of Your Primary Articulating Joints' to be in place and ready to perform properly. This 'Little Four Letter Word' enables you to 'Freely Rotate or Pivot To The Brace And Target' which provides your ability to create all that 'Horizontal or Round & Round Motion' that creates the forward 'Clubhead Speed' and 'Makes The Ball GO Away Far'! Your 'CHIN' is the 'Top Of The Tether Ball Pole' upon which your 'Lever Assemblies or Upper Body Machine' is suspended and performs it 'WORK'. This one word, if you are studious and prepared, if you have 'Earned The Right', shall 'Protect Your POSTURE Interests'.

**HANDS:** This key term and 'Little Word' takes care of all the 'GRIP Issues' in an instant! When you say it, run through your 'Check List' that contains the 'Hand Items'. Do I need a 'Putting Grip'?

or am I requiring a '2 or 3 Knuckle Grip For A Full Swing Procedure'? Is there 'Debris and Mass To Move Whereby I Might Require Additional Grip Pressure'? Establish these parameters and then maintain them. Then and only then can you 'Trust Your Swing' and 'Perform To Your Expectations!'

**FEET:** Like the single key term and 'Little Words' above, this one takes care of all the 'STANCE & ALIGNMENT Issues'. Don't confuse the one with the other. You know they are quite different. Only by getting these "Lower Body Machine Aspects" right will you be able to 'EXECUTE Optimally' and be really 'Happy!'

**BALL:** This key term and 'Little Word' is all about 'Two Point Golf' remembering that your 'Captain Eyes' can only make 'Drilling The Ball' possible if you know precisely where the 'BALL LOCATION' is and then 'See The Ball Come Off The Clubface'. "A TO B Golf" is cool! This is your '**VRBP #1**'. Don't leave home without it's being fully under control! Don't 'Trigger' until you are sure of the precision you deserve and may have earned!

**PIN:** Just like the previous term, 'BALL' ('VRBP #1'), this key term and 'Little Word' is called '**VRBP #2**'. It is your 'Destination' so get precise about its location and the 'Motions' necessary to get your 'Ball' 'From A To B'. 'See The Ball Come Off The Clubface' and 'FEEL THE PIN'. In your Pre-Shot Routine' take a very deliberate look 'Down The Line At The Pin' ('Pivot Waggle') and 'Take A Metal Picture' that is clearly stored in your 'Mind's Eye' or on your 'Mental Film'. Then you can 'Connect The Dots' and play better 'Golf' as you will deserve!

So now you know about the '**5 CONTROLS**' those 'Loyal Foot Soldiers and Body Guards' for you 'The King' ... perhaps one day! Simplicity is King!

Stay simply in your approach to the 'Golf Swing'! This is the explicit purpose of your '10 Basics' supported by your '5 CONTROLS'. In this manner you shall have the opportunity to 'Execute In The Heat Of Battle' up to those personal expectations!

Do you have your own '**Personal Certified Master Teaching Professional**' as yet? Become a '**Locker Room Member**'. '**Membership Has Its Privileges!**'

**'ASK US!'**

**'JUST DO IT NOW!'**

'Best Of Luck' always!

**"Welcome Aboard!"**  
**"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

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