

# 555 GOLF ACADEMY

**'PERFORMANCE EXCELLENCE'**

## THE 3 CARNIVAL RIDES

### Swing Plane

Analogies help us convert 'Complexity' into 'Simplicity', whereby we learn more efficiently and over a shorter period of time ... good things!

The 'Mechanical Golf Body Machine' functions predictably.

The 'Lower Body Machine' ('LBM' – 'Ankles, Knees, Hips and Neck') goes 'Round & Round' ('Horizontal Motion') just like a **'Carousel'** with its herd of quiet ponies'. It does NOT go 'Up or Down' unless it is broken!

The 'Upper Body Machine' ('UBM' – 'Shoulder Sockets, Elbows and Wrists') goes 'Up & Down' ('Vertical Motion') just like a **'Ferris Wheel'**. It does NOT go 'Round & Round' unless it too is broken.

If you combine these two distinct 'Motions', you will arrive at a 'Resultant or Blended Motion' ('R') that takes place on and 'Inclined Plane'. This 'Blended Motion' is similar to the very simple **'Tilt-O-Whirl'** ride.

The 'Carousel' moves around the 'X or Vertical Axis' ('North South Polar Axis), while the 'Ferris Wheel' functions around the 'Y or Horizontal Axis' ('Equatorial Axis'). Thus, we can create a simple mathematical formula ...  $X+Y= R$  or the 'Tilt-O-Whirl'. (see 'Resultant Motion Plane')

Hope this helps simplify a rather complicate golf subject ... 'Swing Plane'?

**SATISFACTION GUARANTEED**

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