

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

ONLY 2 STROKE PROCEDURES IN YOUR BAG

How simple is that?

There are only **'Two Stroke Procedures'** that you have to know!

If you can make a consistent 'Full Swing' ('Bottom Top Bottom') with every club in your bag (sans 'Putter'), you can play golf ... right up to the 'Short Stuff'!

The first **'Stroke Procedures'** is the **'PUSH BASIC'** as in 'Putting and short 'Chipping and Bump & Run'. (see 'Quiet Triangles') In this procedure, your **'Secondary Golf Engine'** provides the 'Motive Force'. This engine is your 'Rocking Chair Shoulders' ... 'Brace Shoulder Up & Down'. There is 'No Wrist Cock and No Pivot'. (see 'Stage One Procedure')

When you actually increase your 'Brace Hand Travel Distance' ('BHTD') to accomplish a bigger 'Chip or B&R', you naturally achieve some 'Wrist Cock' and more 'ALS DR', which is 'Energy Management'. There is 'No Pivot'. (see 'Stage Two Procedure')

The second 'Stroke Procedure' is the **'PUNCH BASIC'** as in the 'Pitch, Punch, Knockdown and Full Swing'. In this procedure, you have 'Winde and Load' or 'Lower Body Machine' ('LBM') Rotation or Coil' that is your **'Primary Golf Engine'**. There is 'Wrist Cock' and 'Pivot'. You have 'Body Core Energy' and 'Leg Drive'. (see 'The Balsa Airplane Concept' ... 'The Body Rubber Band Concept')

This 'LBM' engine produces **'ALL THE HORIZONTAL MOTION'**. ('Round & Round')

The 'UBM' engine produces **'ALL THE VERTICAL MOTION'**. ('Up & Down')

How simple is that!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

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