

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

STRONG & EFFICIENT LUNGS

Weak lungs make you FIVE times more likely to die from heart disease. Lung disease is perhaps America's primary cause of human inflammation and vulnerability. It is a major health negative!

Do you know how strong your lungs are ... what your 'Pulmonary Efficacy' is?

Are you breathing properly and efficiently? Do you take a few minutes a day to engage in 'Deliberate Deep Diaphragmatic Breathing'. (DDDB) Do you utilize the potential deep volume of your lungs or breathe in the shallow, top segment? Why would any person accept using as little as 20% of our 'Lung Capacity'? How would your automobile function on a 20% air volume capacity? That would not only cause fuel imbalance but also dramatically reduce horsepower!

When was the last time you just went for a brisk walk for muscular and pulmonary exercise?

Cardio-Pulmonary is a well-known tag-team! We breathe about 20,000 times per day! Our 'Cardiac Engine', has an autonomic similarity! Have you considered 'DDDB' as a precursor to falling asleep? You may be rewarded by doing so! Just takes minutes!

Your doctor probably checks your blood pressure every time you visit, but not your lung strength and cycling, even though the simple and painless test to measure 'Pulmonary Performance' literally takes a few seconds. This often-over-looked health indicator is key to our longevity and quality of life. Would one not prefer to prevent 'COPD and Pneumonia' by early awareness and proactive responsibility? Higher O2 levels means improved general health for YOU!

Non-smokers get lung disease at an alarming rate! More going on than usually disclosed by 'Big Pharma'. Are you naturally curious? Of course, you and your loved ones are!

Devastating diagnoses need not be your cross to bear! What if drinking a specific Fijian type of tea and processed root were proven to be effective? Dr. Marc Micozzi's 'Lung Protocol' would be 'Proactive'. Might be a good time to search the internet? This life is your precious parade!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

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